



Chase the **blues** away... **with red, orange, purple & pink!**

This January, we're taking 'Blue Monday' back by giving it a colourful makeover. We're inviting everyone to embrace a warming palette – whether you simply pop on an old orange bobble hat, or get creative with craft or cooking, together we will chase away the blues this winter.

The time around Blue Monday can be tough for many people. We need them to know there is always a warm welcome here.

Get ready for Warm Welcome Week - and don't forget to share your warming pictures with us!

